

Feast of the Archangels Altar Suggestions:

Candles: In addition to the colors listed below, **white** may be used for any angel. Candles may be as simple or as elaborate as you wish. Naturally, **please use extreme caution when working with lighted candles!**

Food: When placing food on your altar, make sure you wrap it tightly--we're feeding angels, not ants. Also, please use common sense and adhere to [safe food handling practices](#). You can also use images or little toy items to represent food items on your altar in place of actual food.

Drinks: Since its inception, alcohol has long been an offering to the divine. If you are abstaining, know that your angels would never want you to risk your health. **Clean, fresh water is the perfect offering in place of any of the beverages listed below.**

Nonedible Items: Can't get the real thing? Images are fine. Or make something from the heart! Angels love thoughtful, hand-made items.

What to do September 30 - October 11: How long you wish to leave items on your altar is up to you. Please practice safe food handling when removing food. If food is still in the package or wrapped well, check for spoilage before consuming or returning food to your pantry. If foods smell or seem off, wrap thoughtfully and discard. Libations may be thoughtfully discarded. Nonedible items should be used or repurposed--think of it as fostering a connection and friendship with your angel as you continue to share your items with them.

Final thoughts: We don't place these items on our altar because we expect something back from the angels (e.g., protection, money blessings, romantic love). The angels are not djinn. They do not grant wishes. The life script is what it is and cannot be altered, but how we react to our life script can make all the difference in the world. **Focus on yourself and your spiritual growth, not other people and things.** Or you could just place something on your altar because you love the angels. That's all the reason you need.

Brightest blessings!

Archangel	Name Meaning	Candle Colors	Autumn Treats
Ariel	Lion Of God	Gold. Red. Yellow.	Golden sponge cake. Sweet soft drinks. Citrus flavors.
Azrael	God Helps	Black. Gray. Silver.	Chocolate—milk, dark, white. Popcorn. Sweet, flavored coffees—especially mocha, caramel, but not picky.
Cassiel	Speed Of God	Black. Dark Red. Gray. Navy Blue.	Mochi. Pocky. Shrimp chips. Sake. Gacha toys. Halloween décor.
Chamuel	Seeker Of God	Soft florals. Green.	Honey. Whole fruit. Nuts in the shell. White tea. Fresh fruit juice. Elephant figurine. Nag Champa Masala incense. Bonsai tree.
Gabriel	God Is My Strength	Cream. Gold. Yellow.	Black tea. Petit fours. Tea biscuits. Shortbread. Scones. Fresh grapes. Teacup, tea service.
Haniel	Grace Of God	Blue. Brown. Deep Red.	Cheese and crackers. Fruit pie. Meat jerky. Sweet tea. Succulent plants or cacti.
Helel	Son Of The Morning	Burgundy. Crimson. Gray.	Shiny, picture-perfect apples. Seasonal autumn-colored flowers. Succulent plants.
Immanuel	God Is With Us	Crimson. Gold. Pink.	Crusty bread. Herbed olive oil. Sweet pastry. Red or rose wine.
Jophiel	Beauty Of God	Green. Pink. Rainbow. Rose.	Atole. Churros. Fruit tea. Fun, colorful pastries. Horchata. Bright flowers. Compact mirror. Makeup sample.
Metatron	Little YHWH	Blue. Rainbow.	Hearty grain bread. Hard cheese. New journal (that you'll begin to write in).
Michael (1) "Sunny Michael"	Who Is As God	Gold. Orange. Crimson. Deep Yellow.	French fries, pizza, tortilla chips and salsa, wiesn brezn (big pretzel). Beer. Bourbon. Tequila.
Michael (2)** "Michel" or "Blue Michael"	Who Is As God	Electric blue. Pale blue. Pale green. Silver.	Chocolate. Fruit. Mooncakes. Rice. Tea. Pale lager.

Archangel	Name Meaning	Candle Colors	Autumn Treats
Raguel	Friend Of God	Blue. Silver.	Any type of house plant. Water fountain. White noise, mechanical.
Ramiel	God's Mercy.	Brown	Clock. Hourglass. Watch. Any time-piece. Edible nuts and seeds.
Raphael	God Heals	Purple. Teal.	Black tea with cream and sugar. Red or white tea, sweetened. Pumpkin treats! Calligraphy pen or marker. Stars, constellations, twinkle lights.
Raziel	Secret Of God	Black. Dark Red. Gray. Navy Blue.	Baklava. Börek. Turkish Delight. Espresso. Strong coffee, sweetened. Warm hoodie. A good mystery novel.
Sachiel	Covering Of God	Blue. Brown. Green.	Snacks! Pickled foods. Chips or crisps. Salted or smoked nuts. Trail mix. Beer.
Sandalphon	Co-Brother	Blue. Rainbow.	Colorful candies. Chocolate. Decorated cookies. Donuts. Pastries. Apple cider. Milk.
Uriel	Fire Of God	Black. Crimson. Gold.	Bannock. Smoked meats. Ale. Porter. Stout. Whiskey. Whisky.
Zadkiel	Righteousness Of God	Blue. Brown. Green.	Fresh autumn harvest fruits and vegetables.

****Why two Michaels?**

Every human in the world has their own set of angels. There is a Michael, Gabriel, Uriel, etc. for every soul on this planet, regardless of religious beliefs or lack thereof. The same goes for each region—city, state, country. And just as every human has a particular angel in the foreground of their lives during a particular leg of their journey, each region of the world enjoys an angelic patron for a time. From 1865-2016, Archangel Michael was the patron of the United States. As the angel of empires, he made USA everything it became, love it or hate it. In 2016, he departed the country for another.

Know that the angels don't play favorites. They don't have teams. They go where they are instructed to go by the Creator, who is running this whole show. And so, Michael went east.

If you've been following my work, you know that the angels revealed that they take on whatever appearance they must for us to better connect with them. Well, the bold, boisterous, in-your-face, individualistic Archangel Michael of the USA couldn't just go east as he was. Understand, he's an ambassador of the Creator, not America. He didn't go east to instill "American values." He went east because the world script dictates that he does, and in doing so, he has become as the people are there. In this transition, he has asked me to call him Michel, and he's now very different from the Michael I've come to know over the past twenty years. His ethos is still very much present; he's brave, courageous and strong. His appearance may have changed, his voice may have changed, his food preference may have changed, but he's still Michael...well, Michel.

So, where's "Sunny Michael?" See, in Heaven, there is the Michael-Source, the source of all that Archangel Michael is. From that source comes countless Michaels for every human, every world in existence. Each Michael is custom-made for each individual job, and so the angels may vary a bit. Sunny Michael or "Western Mike" as some of my clients call him, is still around, surfing the waves, playing volleyball, devouring greasy fast foods, blasting loud rock and hip-hop. He hasn't gone anywhere. He will remain here on Earth with us until he's done connecting with the souls he's promised to, for whatever reason that may be. When he's done, he'll return to the Michael-Source.

The same, for that matter, will happen with Michel when another Michael arrives to go patron yet another country. Michael has been all over this planet. He's patroned Ancient Egypt, England, Ethiopia, Germany, Russia and the United States, to just name a few places where he made a splash throughout our history. So, don't worry, Michael will always be with us, in one incarnation or another. We're kinda stuck with the big goofball, and knowing that helps me sleep soundly at night.